Life Cycle of Stars: Element Formation

projects.wwtambassadors.com/star-life-cycle

What could it form from?	ELEMENT	This reaction occurs in	What is happening in the star that makes this reaction possible?
H (Hydrogen)	Helium	☑ Sun-like main-sequence stars ☑ Massive main-sequence stars ☑ Red giants ☑ Red supergiants	Gas compression raises the core temperature and density until hydrogen atoms start fusing to helium.
	6 C Carbon	□ Sun-like main-sequence stars□ Massive main-sequence stars□ Red giants□ Red supergiants	
	8 O Oxygen	☐ Sun-like main-sequence stars☐ Massive main-sequence stars☐ Red giants☐ Red supergiants	

